

# Yogawerks Winter 2007 Schedule

## Barrington Winter 2007 Schedule:

Day	Time	Class	Teacher
M	8-9 am	Beginning Yoga	Crystal
	9:30-11 am	Hot Yoga	Crystal
	11:15 am-1 pm	Level 2 Practice	Chad
	1:30-2:15pm**	Kids Yoga, age 3-5	Dar
	4-5 pm**	Kids Yoga, age 6-11	Dar
	6:30-8 pm	Yoga 1-2	Kathy
	7-8:15 pm**	Beginning Yoga	Staff
Tu	9:30-11 am	Vinyasa Flow 1-2	Crystal
	5:15-6:15 pm	Beginning Yoga	Chad
	5:15-6:15 pm**	Parent & child, age 8 & up	Ali
	6:30-8:15 pm	Yoga 1.5-3	Chad
W	9:30-11 am	Yoga 1-2	Kathy
	9:30-11 am**	Buddha Babies, age 2-3	Seneca
	1:30-2:45 pm	Level 1-2	Crystal
	5:15-6:15 pm	All Levels Class	Kathy
	5:15-6:15 pm**	Kids Yoga, age 6-11	Courtney
	6:30-8 pm	Hot Yoga	Ali
	7-8:15 pm**	Yogilates	Sara
Th	9:30-11 am	Vinyasa Flow 1-2	Chad
	5:15-6:15 pm	Beginning Yoga	Kathy
	6:30-8 pm	Yoga 1-2	Chad
F	9:30-11 am	Level 1-2	Kathy
	9:30-11 am**	Buddha Babies, age 2-3	Seneca
	11:15 am-12:15 pm	Gentle Class	Dave
	5:30-7 pm	Hot Yoga	Crystal
Sa	8:45-10 am	Hip Opener Class	Kathy
	9:30-11am**	Yogilates	Sara
	10:05-11:35 am	Vinyasa Flow 2	Chad
Su	8-9:15 am	Yoga & Abs	Sara
	9:30-11 am	Vinyasa Flow 1-2	Nadiya
	11:15 am-12:30 pm	Beginning Yoga	Kathy
	4-5:30 pm	Hot Yoga	Jim

Trim out schedule along dotted line

\*\*These classes start week of Feb 4th

Buddha Babies: 9:30-10:15 is yoga for baby, 10:15-11 is structured playtime

The following classes are an 8-week session with pre-sign-up: Kids Yoga, Buddha Babies, Parent & Child, Yogilates.

# Yogawerks

Workshops & Instruction for Anusara-Style Hatha Yoga

Barrington • 232 E. Main Street, (2nd flr) 60010

847-713-2423 [www.yogawerks.com](http://www.yogawerks.com)

## Class Fees

Single Class	\$17 (drop in rate)
10 Class Package	\$145
20 Class Package	\$245
Unlimited Monthly	\$160
Unlimited Quarterly	\$440
23 & under Single Class	\$12 (drop in rate)
23 & under 10 Class Package	\$110
23 & under 20 Class Package	\$200

The following classes are an 8-week session with pre-sign-up: Kids Yoga, Buddha Babies, Parent & child, Yogilates. (note: the Parent & Child Class requires a fee for each person)

Pre-sign up 8-class package \$116

Pre-sign up 8-class package \$88

23 & Under

**NEW STUDENT SPECIAL: (IL residents only)**

• \$20 unlimited for 1 week

**Purchase your first class, your 2nd class is FREE**

Please complete this form, printing clearly.

- Mail or bring to Yogawerks: 232 E Main Street, Barrington, IL 60010

Name \_\_\_\_\_ Email address \_\_\_\_\_

Phone (home) \_\_\_\_\_ Phone (work) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Payment Options: (check one) see pricing above

Check (enclosed)     Cash

Total Fees \$ \_\_\_\_\_

Credit Card: (circle one) Visa / Mastercard

Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Signature \_\_\_\_\_

